

Association Between Stress and Tinnitus: New Aspect

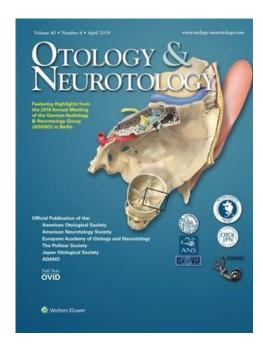
Authors: B. Boecking, P. Brueggemann & Prof. Dr. med. B. Mazurek

Publisher: **Springer Nature**

Otology & Neurotology, Volume 40, No. 4; p. 467-473; In:

published online: April 2019

Copyright: © 2019, Springer Nature



Abstract:

This contribution focuses on the relationship between stress and tinnitus. While the causal and directional pathways between these constructs continue to remain unclear, this paper uses an allostasis-based framework to discuss associations between physiological stress responses, individuals' idiosyncratic experiences of the tinnitus percept, and psychological treatment approaches.

Related links:

Online publication: https://www.ncbi.nlm.nih.gov/pubmed/30870382 and https://journals.lww.com/otology-

neurotology/abstract/2019/04000/association between stress and tinnitus new.38.aspx